

HEALTH AND WELLBEING OVERVIEW AND SCRUTINY COMMITTEE

DATE: 21 NOVEMBER 2017

MENTAL HEALTH TRANSFORMATION PROGRAMME

Report of

NHS Northumberland Clinical Commissioning Group and Northumberland Tyne and Wear Foundation Trust

Purpose of report

NHS Northumberland Clinical Commissioning Group (CCG) and Northumberland Tyne and Wear Foundation Trust will deliver a joint presentation to update the committee on Northumberland's Mental Health transformational programme and challenges for Children, Adults and Older Peoples mental health services.

Recommendation

The Committee is recommended to:

- Note the contents of the report and the presentation and provide comment.

Introduction

In February 2016 the Government published the Five Year Forward View for Mental Health (MH5YFV). This ambitious programme and its recommendations were accepted by all NHS bodies. In July 2016 a detailed implementation plan for implementing the MH5YFV laid out a blueprint for the delivery of the main objectives, setting clear expectations for services and detailing the outcomes anticipated by 2020/21.

The MH5YFV programme is complex and contains numerous elements. It is a long-term agenda that requires concerted effort from multiple organisations to input and invest over time to achieve its objectives. However, whilst most outcomes look towards 2020/21 for their delivery, the implementation plan makes clear the need for early action and collective focus to lay the foundations for a new approach to services and care.

Background

The CCG, working as a partnership across health and social care, has developed a plan to deliver effective Mental Health prevention and early intervention services using the best

data available to commission the right mix of services to meet local needs, creating a strong community based provision.

The key areas of the plan are to:

- Build on the strong foundation of joint working in Northumberland and ensure continuing engagement of key stakeholders particularly between the local authority, mental health and acute health providers.
- Develop a shared vision and care model in line with the Five Year Forward View for Mental Health
- Ensure all stakeholders understand the current situation and the key issues to be addressed.
- Ensure care for people with mental ill health is planned, proactive and co-ordinated.
- Enhance choice and control for people with mental ill health over how their health and care needs are met.
- Support people with mental ill health in the community with their families and carers.
- Ensure a choice of housing and accommodation is available in the community for people with mental health conditions.
- Support people with mental health conditions to have a fulfilling and purposeful everyday life.
- Ensure quality care from mainstream NHS services.
- Ensure responsive specialist health and social care support in the community.
- Ensure people with mental health conditions are supported to stay out of trouble.
- Ensure high quality assessment and treatment in hospital settings and patients do not stay longer than needed.
- Ensure a robust system is in place to track progress and monitor delivery.

It is critical that there is a system of early identification of children and young people who have emotional health and wellbeing needs, in order to get services right in childhood and provide early interventions and parental support and education.

Key Achievements

To deliver MH5YF, a redesign of mental health services the CCG is:

- Enabling primary care to effectively manage, with support most common mental health conditions.
- Reducing the reliance on secondary and tertiary care, releasing savings to be reinvested in multi-specialty community providers. Allowing most people to receive their care close to home, avoiding unnecessary admission to hospital or be in receipt of long term secondary mental health care .
- Ensuring we have a clear pathway for children which includes skilled universal services, early identification and intervention and timely access to specialist services.
- Having a relentless focus on reducing the waiting times in CYPs to local 9 week target for all routine cases.
- Reducing admissions to (mental health) hospital of people with dementia by 50%.
- Led by Public Health ensuring a multi-agency approach to reducing suicides by 10%

- Has achieved effective 24/7/crisis support across all localities in Northumberland
- Eliminated all out of area treatments for individuals requiring long term inpatient care

Key Challenges

The key challenges faced in Northumberland are not unique and reflect both the regional and national picture. Many of the key challenges are also felt in partner agencies and are system pressures, including:

- Workforce shortages in key professions (GPs, Nursing, Psychiatry and Social Work.)
- Health equality for people with serious mental health illness.
- Activity into services, increased referral rates into all primary, secondary and tertiary Mental Health services.
- In patient bed availability, capacity issues as a result of other CCGs activity into beds based in Northumberland.
- Rationalisation of hospital estates and PFI overhead costs.
- Increase in the acuity and complexity of children and young people.

Conclusion

Northumberland is recognised nationally as a region that delivers services that are better than most other areas. The collaborative partnerships between the CCG, LA and NTW will support the delivery of the MH5YFV in all of the targeted areas. The governance and quality assurance will be reported through the following groups:

- 0-25 Emotional Health and Wellbeing Strategy Group
- Crisis Care Concordant Group
- Transforming Care Group
- Multi-agency dementia care strategy

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